

SPECIAL POPULATIONS

For more information on special population programs, please contact Annette Deghand, special populations supervisor; Community Building; 115 W 11th Street; 832-7920; TDD# 832-3205; deghand@ci.lawrence.ks.us

Programs consist of adapted and integrated leisure recreational activities for all individuals with disabilities. LPRD encourages individuals with disabilities to consider all programs offered by the department. If additional assistance is needed in these programs, call 832-7920.

MONTHLY NEWSLETTER

A special populations monthly newsletter highlights new activities, events and trips. Many programs not published in this brochure are included. If you would like to be placed on the mailing list, call 832-7920 or e-mail the division.

SPECIAL EVENTS AND TRIPS

Trips and special events will be announced in the monthly newsletter with dates, times, fees and other information. Mini-trips are also offered and include door-to-door transportation for participants registering within 2 miles of the Lawrence city limits. Sign up and register for the trips by calling 832-7920. *Tentative trips include: Casinos, Disney on Ice, Branson, K.C. Royals, New Dinner Theatre, Heartland Park races, concerts, shows and much more. Be sure to sign up for the monthly newsletter, so you won't miss out!*

PROGRAMS

PRE-COFFEEHOUSE DINNER

Fee includes dinner & Coffeehouse admission. Ages: 13 & Up. Enrollment Min 5 / Max 50. The first Monday of every month at the Union Pacific Depot, a delicious, catered meal will be served before Coffeehouse. Come join your friends & have a great time before tearing up the dance floor at Coffeehouse. Participants must pre-register for the dinner. No registrations will be taken on-site. The Depot is located at 402 N. 2nd St. *Registration deadline is the 15th of every month prior to the dinner: December 15, January 15, February 15 March 15 and April 15.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FREE
122200 A	DINNER	M	5:45-7PM	1/5	UPD	\$22
122200 B	DINNER	M	5:45-7PM	2/2	UPD	\$22
122200 C	DINNER	M	5:45-7PM	3/2	UPD	\$22
222200 A	DINNER	M	5:45-7PM	4/6	UPD	\$22
222200 B	DINNER	M	5:45-7PM	5/4	UPD	\$22

COFFEEHOUSE

Fee: \$7, at the door. Ages: 13 & Up. Enrollment Min 5 / Max 50. An evening of dancing, refreshments, socialization, and live entertainment in a "coffeehouse" atmosphere at the Union Pacific Depot. Join in on all the fun the first Monday of every month. Music is provided by live bands



some months and D.J.'s other months. *Participants are strongly encouraged to pre-register.* The Lawrence Union Pacific Depot is located at 402 N. 2nd St. *See Pre-Coffeehouse Dinner for more fun on these special evenings! The registration deadline is the 15th of every month prior to the dinner: December 15, January 15, February 15 March 15 and April 15.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FREE
122201 A	CHOUSE	M	7-8:30PM	1/5	UPD	\$7
122201 B	CHOUSE	M	7-8:30PM	2/2	UPD	\$7
122201 C	CHOUSE	M	7-8:30PM	3/2	UPD	\$7
222201 A	CHOUSE	M	7-8:30PM	4/6	UPD	\$7
222201 B	CHOUSE	M	7-8:30PM	5/4	UPD	\$7

SOCIAL BOWLING

Ages: 13 and up. Meets at Royal Crest Lanes, 9th and Iowa St., 3-5 p.m. the third Saturday of every month, unless indicated otherwise (see monthly newsletter). Join the fun, meet new people and try your bowling skills. Includes bowling and shoe rental. Choose an option to meet your needs. Take note: Gold, Silver and Bronze options require pre-registration prior to the 15th of every month prior to the program, December 15, January 15, February 15 and April 15.

Gold Option- Enrollment Min 5 / Max 18. Bowling, dinner at the bowling alley and door to door transportation (within 2 miles of Lawrence city limits). Pick ups begin at 1 p.m. and drop offs begin at 5:30 p.m. *Pre-registration and pre-payment is required. No on-site registration will be accepted.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FREE
122300 A	BOWLGOLD	S	1-5:30PM	1/17	RCL	\$27
122300 B	BOWLGOLD	S	1-5:30PM	2/21	RCL	\$27
122300 C	BOWLGOLD	S	1-5:30PM	3/21	RCL	\$27
222300 A	BOWLGOLD	S	1-5:30PM	4/25	RCL	\$27
222300 B	BOWLGOLD	S	1-5:30PM	5/23	RCL	\$27

Silver Option- Enrollment Min 5 / Max 20. Bowling and dinner at the bowling alley. Dinner party will be held after bowling at Royal Crest Lanes. *Pre-registration and pre-payment is required. No on-site registration will be accepted.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FREE
122301 A	BOWLSILV	S	3-5:30PM	1/17	RCL	\$17
122301 B	BOWLSILV	S	3-5:30PM	2/21	RCL	\$17
122301 C	BOWLSILV	S	3-5:30PM	3/21	RCL	\$17
222301 A	BOWLSILV	S	3-5:30PM	4/25	RCL	\$17
222301 B	BOWLSILV	S	3-5:30PM	5/23	RCL	\$17

Bronze Option- Enrollment Min 5 / Max 10. Bowling Only, *Fee: \$9. Pre-registration and pre-payment is required. No on-site registration will be accepted.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FREE
122302 A	BOWLBRON	S	3-5PM	1/17	RCL	\$9
122302 B	BOWLBRON	S	3-5PM	2/21	RCL	\$9
122302 C	BOWLBRON	S	3-5PM	3/21	RCL	\$9
222302 A	BOWLBRON	S	3-5PM	4/25	RCL	\$9
222302 B	BOWLBRON	S	3-5PM	5/23	RCL	\$9

FUNDAMENTALS OF ART

Ages: 13 and up. Enrollment Min 5 / Max 15. Session 1 will include some basic quilting and sewing projects, such as pre-punched felt and leather projects, which use yarn and plastic laces to sew them together. Quilts will be made from fleece squares that have cuts in the side that tie together. Session 2 will include painting projects made from watercolors, pastels, ink drawings, chalk drawings and maybe some printmaking. After session 1 and 2, a special night will be provided for all art class participants to display and show off all their projects. Session 3 is a jewelry session that will include primarily beads, like charms, pendants, key chains, necklaces and bracelets. **No class 3/17.** *Fee includes all supplies, 2, 6-week sessions (\$42) and 1, 4-week session (\$28).*

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
122191	A	SEWING	T	7-8PM	1/13-2/17	CB-AR	\$42
122191	B	PAINTING	T	7-8PM	3/3-4/14	CB-AR	\$42
222191	A	JEWELRY	T	7-8PM	4/28-5/19	CB-AR	\$28

N.E.W.S. (NUTRITION, EXERCISE, WALKING, SHAPE)

Ages: 13 and Up. Enrollment Min 5 / Max 20. Participants will learn how to make some nutritious, delicious snacks, gain new ways to exercise and workout. This class will also help with snack ideas, sack lunches, eating out, breakfast on the go and much more. Prizes will be awarded throughout the class for each individual's personal success. You won't know from week to week what's next on the schedule - it's something different every week. **No class 4/16.**

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
122400	A	N.E.W.S.	R	7-8:30PM	1/15-3/5	ELRC-MR	\$30
222400	A	N.E.W.S.	R	7-8:30PM	3/26-5/21	ELRC-MR	\$30

ACTING 101

Ages: 13 and Up. Enrollment Min 5 / Max 30. Do you feel like you have some acting skills just built up inside of you, wanting to get out? Now is your time to shine! This class will involve some acting, public speaking, skits, plays and maybe a chance to be a star of a play. Even if you don't want the spotlight totally on you, there is always a demand for the "extras" with every performance. Come join the fun and try something new. We'll practice lines and dance moves to a play, open to the public on Monday, April 20. Location and time are to be announced. Previous classes performed *The Wizard of Oz*, *Beauty and the Beast*, and several others. **No class 2/2; 3/2; 4/16.**

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
122401	A	ACTING	M	6:30-8PM	1/12-4/20	UPD	\$30

COUNTRY HOEDOWN

Cost is based on a per person rate. Ages: 13 and Up. Enrollment Min 10/ Max 50. Yee haw! We're roundin' up all you cowpokes for a rootin' tootin' good time at a Country Hoedown. You might have attended the formal or the luau, but now it's time to get out those cowboy boots and hats, saddle up and mosey on down to the Community Building for a boot scootin' evening. The dinner bell will ring and we'll have a chuckwagon style din-



ner with all the fixins'. Before the sheriff takes your mug shot for a wanted poster, a souvenir photo will be taken for you to keep, as well as other party favors. After we have our grub, we'll two step, line dance and swing dance the rest of the evening to some great tunes. **Deadline to register is Thursday, April 9.**

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
222305	A	HOEDOWN	S	7-8PM	5/9	CB-MB	\$40

SWIM TEAM

Ages: 13 and Up. Enrollment Min 5 / Max 25. It doesn't matter what swimming ability you are, this class is for all swimmers & walkers at all levels. Fine-tune your strokes and maybe learn a new one. Water Walkers are also welcome in this class. Go at your own pace and have fun. Water exercises and strength training in the water will be included as well. Class is for all abilities; it is not a one-on-one setting. **No class 2/14. One, 6-week session and 1, 8-week session.**

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
122180	A	SWIMTEAM	S	10:45-11:45AM	1/24-3/7	LIAC	\$21
222180	A	SWIMTEAM	S	10:45-11:45AM	3/28-5/16	LIAC	\$28

ADULT & YOUTH ALL-STAR SPORTS LEAGUES

Enrollment Min 10/Max 40 (per league). The overall goal of the league is to provide an inclusive environment, which teaches individuals with and without disabilities the fundamentals of the sport, teamwork, sportsmanship and competition, all while having a great time. Awards for all players will be presented on the last night. Rules and adaptations are made to accommodate all levels and all abilities. Volunteer coaches are needed. All youth games will be held on Fridays from 6 to 7 p.m. Adult games will be held 7:15-8:15 p.m. Winter leagues will consist of basketball. The spring league will be kickball and also be played outside when weather permits. **Deadline to enroll in basketball: Friday, Jan. 9. Deadline to enroll in kickball: Friday, March 20.**

ADULT ALL-STAR BASKETBALL

Ages: 13 and Up. Enrollment Min 10 / Max 40.

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
122110	A	ADULTBB	F	7:15-8:15PM	1/16-3/6	ELRC-GY	\$28

YOUTH ALL-STAR BASKETBALL

Ages: 5-12. Enrollment Min 10 / Max 40.

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
122110	B	YOUTHBB	F	6-7 PM	1/16-3/8	ELRC-GY	\$28

ADULT ALL-STAR KICKBALL

Ages: 13 and Up. Enrollment Min 10 / Max 40.

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
222110	A	ADULTKB	F	7:15-8:15PM	3/27-5/22	ELRC-GY	\$28

YOUTH ALL-STAR KICKBALL

Ages: 5-12. Enrollment Min 10 / Max 40.

CODE	SEC	CLASS	DAY	TIME	DATE	LOC	FEE
222110	B	YOUTHKB	F	6-7 PM	3/27-5/22	ELRC-GY	\$28

SPRING BREAK CAMP - (SEE YOUTH CAMPS - SPRING BREAK PAGE 55)