

**LAWRENCE PARK & RECREATION DEPARTMENT
ADULT VOLLEYBALL
GENERAL LEAGUE RULES**

TEAM RULES

Games will be played according to the rules and regulations of the current National Federation of State High School Associations Volleyball Rule Book, unless superseded by City League Volleyball Rules.

MISCELLANEOUS CITY LEAGUE VOLLEYBALL RULES

*2005

- A. A match will consist of 3 games. Rally scoring will be the method used, with a point being scored each time a team commits a fault. All games shall be played to 25 points. A match shall include let serve.
- B. All Recreation Leagues, including Women's and Coed Recreation are NOT allowed to serve overhead or spike the ball.
 - 1. Definition of Spike: Any ball that is hit from above the net downward with force.
 - 2. Underhanded or sidearm is legal.
 - 3. Blocking the serve is not allowed in any Recreation or Power Leagues.

*1998

- C. Teams **MUST** have a minimum of 4 players to start and finish a game.
 - 1. Coed Teams: At least half of the players must be women and at least two players must be men.
 - 2. Players who show up late can be added after game begins by getting name to official on score sheet during dead ball.
 - 3. Coed Teams, with 5 players (3 men – 2 women) it will be at discretion of other team. Otherwise, must play as outlined in C. 1 above.

*1992

*1993

- D. Coed Team Play: If one team hits the ball two or more times on their side of the net, a woman must hit the ball at least once before it goes over the net.
- E. Substitutions can take place at middle back position in regular rotation or player for player. Whichever method used, it must be used for the rest of that entire game (unless there is an injury). The number of times any player can substitute into the game is unlimited. Substitutions in coed leagues must be male for male and female for female.
- F. Coin flip prior to first game will determine serve/receive or playing area.

1. Team losing previous game shall have the first serve in the succeeding game.
 2. During the 3rd game, after the first team reaches 8 points, teams will exchange sides and resume play. (Clock will remain running.)
- G. No player shall break the plane of a nonplayable area such as adjacent courts scheduled for play.
- H. Any ball that comes onto court during play from adjacent court, play will continue and only stopped at officials' discretion.
- I. Ball can be played off basketball goals at ends of volleyball court. Goals on sides of volleyball court are automatic dead call.
- J. No Jewelry of any kind should be worn.
- K. Please do not bring any unsupervised children to the gym.
- L. Use of alcoholic beverages or drugs is prohibited at all City League sites.
- M. All other rules governed by the K.S.H.S.A.A. adopted Volleyball Rules and Regulations. Rule books can be purchased at the Sports Office, 115 W. 11th Street. Questions, please call the Sports Office at 832-7922.

*1992 RULE CHANGE

*1993 RULE CHANGE

*1998 RULE CHANGE

*2005 RULE CHANGE